



# Season Pack 2023 - 2024

SEASON 9



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# INTRODUCTION



Our Season runs from September 2023 until June/July 2024 and competitive teams are open to children from age 6 to adults. Each competitive team will compete at a minimum of 3 competitions throughout the season.

We train weekly at Christ Church Hall, Staines, with extra training sessions in the build up to competitions/performances. This includes weekends, Bank and school holidays (See pages 9-10 for dates). Additional practices for choreography and or extra work are at the coaches' discretion but should be expected. Attendance is crucial to each teams' success and athletes must attend EVERY training session; unless the reason falls under one of our excused absences. Please see commitment (page 8).

We are not just a cheerleading team, we are a family! We expect our athletes to have a good attitude, motivate their teammates and build strong friendships along the way!

This pack includes information and forms regarding the 2023- 2024 tryout process for all teams. Provisional competition dates, locations and fees. Competition entry fees to be confirmed upon each Event Providers (EP) release.



# TRY OUT TIMETABLE

Beas Cheerleading



AGE GROUP	AGE ON 31ST AUG 2023	TRY OUT DATES	TIME
MINI	5-8	4TH JULY	4.30-6.30PM
YOUTH	9-11	4TH JULY	4.30-6.30PM
JUNIOR	12-15	6TH JULY	6.30-8.30PM
SENIOR	16+	6TH JULY	6.30-8.30PM

CALL BACKS WILL TAKE PLACE ON TUE 11TH & THU 13TH JULY.  
PLEASE BE SURE TO KEEP THESE DAYS FREE TO CONTINUE THE TRY OUT PROCESS



# TRY OUT PROCESS ▶▶▶



Athletes will need to sign up to their age-appropriate trial, which will take place on either Tue 4th or Thu 6th July 2023.

During this session, athletes stunt technique, tumble, jumps and dance will be assessed.

Athletes will be called back on either Tue 11th or Thur 13th July, to be assessed on higher level skills. Please be sure to keep both additional dates free to continue the try out process.

Team placements will be announced by Saturday 15th/Sunday 16th July via email. With the first two training sessions taking place week commencing 17th & 24th July.

Please be sure to check your junk mail for team placements. However should you not receive an email by **Monday 17th July**, do contact us on [admin@beascheer.co.uk](mailto:admin@beascheer.co.uk)

Current members will need to select the try out age group within their Love Admin account.

*Try outs are set based on your age on the 31st August 2023.*

*All athletes trying out, are doing so for a place in our programme and not a particular team.*



# SEASON TIMETABLE

Beas Cheerleading



DAY	TIME	CLASS	AGE
MON	4-6PM	HONEY MINI PREP L1	5-8
	6.30-8.30PM	KILLER U18 L2	2005-2010
TUE	4-4:45PM	BABY BEAS (REC)	3-5
	5-6PM	CHEER4FUN (REC)	6-11/12-15
	5-7PM	STINGER JUNIOR 1	12-15
THU	7-9PM	ALLSTAR S2	16+
	4-6PM	BUMBLE YOUTH L1	9-11
	6-7PM	*STRENGTH TRAINING	ALL
FRI	7-8.30PM	KILLER U18 L2	2005-2010
	4-5PM	TUMBLE L1-2	6+
	5-6PM	TUMBLE L2 ADVANCE	INVITE ONLY
	6.30-8.30PM	TOXIC S3	16+

\*STRENGTH TRAINING – Compulsory for all Killer & Toxic athletes. Optional for all other teams.



# FEES & INSURANCE ▶▶▶



## MEMBERSHIP

This must be paid via our pro store by your first training session in September.

This will cost £45\* and will include: the cost of one new season training t-shirt, insurance fees & Season 9 Music mix.

Season T-shirts and membership to be ordered via our Online Pro Shop.

**MONTHLY FEES** are paid via our Love Admin online software. You will need to follow instructions under the pay tab. Monthly fees include all training except external venues.

External training dates will ALWAYS be the 3 Saturday's before a competition, unless otherwise specified.

Monthly fees are set as standard; this includes any missed training sessions. Where training can not take place in person, we will continue to deliver our services online.

**NEW MEMBERS**, once you have accepted your position within our club, you will be sent an email to create a password for your registered email address. Here you will be able to access your account at any time and see what payments have been made and when the next payment is due.

MONTHLY FEES	
FIRST TEAM	£37.50
KILLER	£56.00
CROSSOVER	£26.60
TUMBLE	£23.00
REC	£23.00

\*Adult t-shirts will incur an extra £3 due to VAT





# UNIFORMS & BOWS

All competitive athletes will require a Beas Cheerleading uniform for competitions. Uniforms consist of both top and shorts/skirts (for girls) or trousers (for boys). Our new uniform design is currently being finalised and we expect costs to be between £150-£180.00 per uniform.

## BOWS

We will continue to use our current bows with the interchangeable team names.

New bows are priced at £13 and any additional interchangeable team names are £4.

## CHEER SHOES

All athletes are required to wear the correct footwear for the sport. Cheer shoes can be purchased from several external companies (links can be found on the last page of this pack.)

*\*Please note split sole shoes are illegal footwear in the sport.*





# CHOREOGRAPHY



Competition routines will be choreographed by internal coaches in your athlete's timetabled sessions.

## MUSIC

Music pricing has been incorporated in your membership fees for the season. It is imperative that mixes are not posted or shared with anyone other than those on the teams due to copyright licensing.

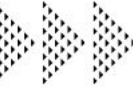
## COPYRIGHT

All routine/choreography including dances, stunts, and transitions should be highly protected. Beas Cheerleading choreography should never be copied or taught to anyone without consent of the programme Director - Berenese McNeil. This also includes any and all portions of music selections and editing. NO videos of routines/choreography should ever be uploaded to an online site such as YouTube, Instagram or Facebook before the teams debut. Violation of this rule or the theft of music is grounds for immediate dismissal.





# COMMITMENT



Once you have joined Beas Cheerleading you are now part of a TEAM. High attendance, a good work ethic and a positive attitude is expected of all cheerleaders.

For the team to benefit from each training session, 100% attendance is expected of all athletes unless the coach has been informed and confirmed the absence in advance.

3 Unauthorised absences throughout the season will result in athletes being removed from their competitive squad. An athlete that misses any of the last 3 practices before a competition will be withdrawn from the competition.

Absences can only be authorised by the programme director in extreme extenuating circumstances and plenty of notice must be given.

AUTHORISED ABSENCES	UNAUTHORISED ABSENCES
Illness (Excluding colds)	Birthdays and parties
Graded school events	Homework/revision
Family bereavement	Recreational sports event
Authorised holidays (Must be communicated at the earliest opportunity)	Last minute holidays/trips that are not communicated with a coach with reasonable advance notice.
Year 11 school prom	Grounded/detentions



# GENERAL SCHEDULE



Beas Cheerleading



SEASON START DATE	WEEK COMMENCING MONDAY 4TH SEP 23
HALLOWEEN PARTY	FRIDAY 27TH OCT 23
CHRISTMAS BREAK	22ND DEC 23 - 1ST JAN 24
EASTER BREAK	1ST - 7TH APR 24
TRAINING RECOMMENCES	8TH APR 24
BRING A FRIEND WEEK	WEEK COMMENCING 24TH JUN 24
FUN WEEK	WEEK COMMENCING 1ST JULY 24
TRY OUTS BEGIN	WEEK COMMENCING 8TH JULY 24

*Fundraising and social events will be communicated once our Fundraising committee have finalised dates and events.*

**\*PROVISIONAL - SUBJECT TO CHANGE AT ANY TIME!\***

**PRICING TO BE CONFIRMED UPON EP RELEASE.**



HONEY BEAS						
COMP	DATES	EXTRA TRAINING	DEADLINE	PRICE	SPECTATOR	LOCATION
COMPETITIVE BOW			01ST OCT 2023	NEW BOW & INSERT £13		
BEAS CHRISTMAS SHOWCASE	16TH DEC 23	TBC			TBC	STAINES
ICC- SOUTHERNS PART 2	24TH FEB 24	3RD, 10TH, 17TH FEB	01ST OCT 2023	£30.00	5 YEARS AND ABOVE £12 per session / OVER 65 £10	GUILDFORD
LEGACY - DREAM EXTREME	23-24 MAR 24	2ND, 9TH MAR	01ST NOV 2023	£47.50	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM
CHEER CITY - SUMMER GAMES	18TH/19TH MAY 24	20TH, 27TH APR, 4TH MAY	01ST FEB 2024	£25.00	5 YEARS AND ABOVE £12 per session / U4 FREE / £40 weekend	HERTFORD
LEGACY - LIVE YOUR LEGACY	8-9 JUN 24	25TH MAY 1ST JUN	01ST MAR 2024	£55.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM

BUMBLE BEAS						
COMP	DATES	EXTRA TRAINING	DEADLINE	PRICE	SPECTATOR	LOCATION
FC - WINTER WONDERLAND	2ND-3RD DEC 23	4TH,11TH,18TH NOV	08TH SEP 2023	£38.00	ADULT £15 per session / CHILD £10	COLCHESTER
BEAS CHRISTMAS SHOWCASE	16TH DEC 23	TBC			TBC	STAINES
COMPETITIVE BOW			01ST OCT 2023	NEW BOW & INSERT £13 ADDITIONAL INSERT £4.00		
ICC - SOUTHERNS PART 2	24TH FEB 24	3RD, 10TH, 17TH FEB	01ST OCT 2023	£30.00 crossover £24.00	5 YEARS AND ABOVE £12 per session / OVER 65 £10	GUILDFORD
LEGACY - DREAM EXTREME	23-24 MAR 24	2ND, 9TH MAR	01ST NOV 2023	£47.50 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM
CHEER CITY - SUMMER GAMES	18TH/19TH MAY 24	20TH, 27TH APR, 4TH MAY	01ST FEB 2024	£25.00 crossover £20.00	5 YEARS AND ABOVE £12 per session / U4 FREE / £40 weekend	HERTFORD
LEGACY - LIVE YOUR LEGACY	8-9 JUN 24	25TH MAY 1ST JUN	01ST MAR 2024	£55.00 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM

STINGER BEAS						
COMP	DATES	EXTRA TRAINING	DEADLINE	PRICE	SPECTATOR	LOCATION
COMPETITIVE BOW			01ST OCT 2023	NEW BOW & INSERT £13 ADDITIONAL INSERT £4.00		
BEAS CHRISTMAS SHOWCASE	16TH DEC 23	TBC			TBC	STAINES
ICC- SOUTHERNS PART 2	24TH FEB 24	3RD, 10TH, 17TH FEB	01ST OCT 2023	£30.00 crossover £24.00	5 YEARS AND ABOVE £12 per session / OVER 65 £10	GUILDFORD
LEGACY - DREAM EXTREME	23-24 MAR 24	2ND, 9TH MAR	01ST NOV 2023	£47.50 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM
CHEER CITY - SUMMER GAMES	18TH/19TH MAY 24	20TH, 27TH APR, 4TH MAY	01ST FEB 2024	£25.00 crossover £20.00	5 YEARS AND ABOVE £12 per session / U4 FREE / £40 weekend	HERTFORD
LEGACY - LIVE YOUR LEGACY	8-9 JUN 24	25TH MAY 1ST JUN	01ST MAR 2024	£55.00 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM

KILLER BEAS						
COMP	DATES	EXTRA TRAINING	DEADLINE	PRICE	SPECTATOR	LOCATION
COMPETITIVE BOW			01ST OCT 2023	NEW BOW & INSERT £13 ADDITIONAL INSERT £4.00		
BEAS CHRISTMAS SHOWCASE	16TH DEC 23	TBC			TBC	STAINES
ICC- SOUTHERNS PART 2	24TH FEB 24	3RD, 10TH, 17TH FEB	01ST OCT 2023	£30.00 crossover £24.00	5 YEARS AND ABOVE £12 per session / OVER 65 £10	GUILDFORD
ICC - BRITISH OPEN	16TH-17TH MAR	2ND, 9TH MAR	01ST NOV 2023	£42.00	5 YEARS AND ABOVE £15.00 per session / OVER 65 £13.00	NOTTINGHAM
FC - AMSTERDAM	11TH MAY 24	20TH,27TH APR, 4TH MAY	02ND JAN 2024	£43.00	ADULT £15 per session / CHILD £10 per session / UNDER 5 FREE	AMSTERDAM
CHEER CITY - SUMMER GAMES	18TH/19TH MAY 24	20TH, 27TH APR, 4TH MAY	01ST FEB 2024	£25 crossover £20.00	5 YEARS AND ABOVE £12 per session / U4 FREE / £40 weekend	HERTFORD
LEGACY - LIVE YOUR LEGACY	8-9 JUN 24	25TH MAY 1ST JUN	01ST MAR 2024	£55.00 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM
JAMFEST - EUROPEANS	21ST-23RD JUN 24	25TH MAY, 1ST, 16TH* JUN	WAITING MORE INFO	WAITING MORE INFO	WAITING MORE INFO	LIVERPOOL
FC - INTERNATIONALS	5TH-7TH JULY 24		RELEASED EARLY 2024	£49.00 crossover £33.00	ADULT DAY £25 / CHILD DAY £15 / UNDER 5 FREE	BOURNEMOUTH

BEAS ALLSTARS						
COMP	DATES	EXTRA TRAINING	DEADLINE	PRICE	SPECTATOR	LOCATION
COMPETITIVE BOW	-	-	01ST OCT 2023	NEW BOW & INSERT £13 ADDITIONAL INSERT £4.00	-	-
BEAS CHRISTMAS SHOWCASE	16TH DEC 23	TBC	-	-	TBC	STAINES
ICC- SOUTHERNS PART 2	24TH FEB 24	3RD, 10TH, 17TH FEB	01ST OCT 2023	£30.00 crossover £24.00	5 YEARS AND ABOVE £12 per session / OVER 65 £10	GUILDFORD
LEGACY - DREAM EXTREME	23-24 MAR 24	2ND, 9TH MAR	01ST NOV 2023	£47.50 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM
CHEER CITY - SUMMER GAMES	18TH/19TH MAY 24	20TH, 27TH APR, 4TH MAY	01ST FEB 2024	£25.00 crossover £20.00	5 YEARS AND ABOVE £12 per session / U4 FREE / £40 weekend	HERTFORD
LEGACY - LIVE YOUR LEGACY	8-9 JUN 24	25TH MAY 1ST JUN	01ST MAR 2024	£55.00 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM
TOXIC						
COMP	DATES	EXTRA TRAINING	DEADLINE	PRICE	SPECTATOR	LOCATION
FC BRINGS IT ON	25TH NOV 23	4TH,11TH,18TH NOV	4TH SEP 2023	£42.00	ADULT £25 / CHILD £15	PARIS
BEAS CHRISTMAS SHOWCASE	16TH DEC 23	TBC	-	-	TBC	STAINES
ICC- SOUTHERNS PART 2	24TH FEB 24	3RD, 10TH, 17TH FEB	01ST OCT 2023	£30.00 crossover £24.00	5 YEARS AND ABOVE £12 per session / OVER 65 £10	GUILDFORD
LEGACY - LIVE YOUR LEGACY	8-9 JUN 24	25TH MAY 1ST JUN	01ST MAR 2024	£55.00 crossover £30.00	PURCHASE DIRECT ON EP WEBSITE	BIRMINGHAM

**PROVISIONAL - SUBJECT TO CHANGE AT ANY TIME**  
**PRICING BASED ON EARLY BIRD ENTRY. ENTRIES MADE PAST THESE DEADLINES WILL**  
**RESULT IN ON TIME/LATE ENTRY FEE.**

# RESOURCES



Beas Cheerleading - [www.beascheer.co.uk](http://www.beascheer.co.uk)

First Cheer - [www.firstcheer.com](http://www.firstcheer.com)

Living Cheer - [www.livingcheer.co.uk](http://www.livingcheer.co.uk)

Cheer World - [www.cheerworld.co.uk](http://www.cheerworld.co.uk)

The Cheer Store - [www.thecheerstore.co.uk](http://www.thecheerstore.co.uk)

My Home Gymnastics - [www.myhomegymnastics.com](http://www.myhomegymnastics.com)

Legacy Cheer & Dance - [www.legacycheeranddance.com](http://www.legacycheeranddance.com)

Future Cheer - <https://futurecheer.net> <https://>

BCA - [www.cheerleading.org.uk](http://www.cheerleading.org.uk)

